

# Community Resources Guide

## AA/NA/Alanon/Gamblers Anonymous-

Peer support groups to help with abstinence and helping someone with addictions issues. Google for current phone numbers and meeting lists.

## Bridgeway Recovery Services- 3321 Harold Dr. NE, Salem (503-363-2021)

(503-399-5597- Inpatient Detox services)

Detoxification from alcohol, opiates, and methamphetamines. Outpatient treatment, residential care. Treatment for gambling addictions.

## Buckley House- (Eugene 541-343-6512)

Part of Willamette Family, Inc, another resource for inpatient detox services.

## Casa of Marion County- 659 Cottage St. NE, Salem (503-967-6420)

Range of resources for children and families of Marion County. Advocate for abused and neglected children in state care.

Website: <http://www.casamarionor.org/index.php/resources/community>

Director: Lene Garrett

Email: [execdirector@casamarionor.org](mailto:execdirector@casamarionor.org)

## Catholic Community Services-3737 Portland Rd NE, Salem (503-390-2600)

Website: [www.ccsww.org](http://www.ccsww.org)

Email: [info@ccsww.org](mailto:info@ccsww.org)

### Services for Children, Youth and Families

- Catarino Cavazos Center
- Center Court Commons
- Community Counseling Center
- Community Homes for Children
- Father Taaffe Homes
- Independent Living Services
- Rainbow Family Services
- Safe Families for Children
- Treatment Foster Care

### Services for Adults with Intellectual or Developmental Disabilities

- ISN Support Services Brokerage
- Mt. Angel Developmental Services
- Paragon Homes
- Work Options

### Affordable Housing

- Affordable Housing
- Center Court Commons

### Partnership Initiatives

- Fostering Hope Initiative

CCS is a faith-based social services organization. We welcome customers, employees, volunteers and supporters of all faiths and encourage spiritual growth in whatever manner one chooses. We work with adults, youth, families, and professionals utilizing our core values of love, justice, truth and freedom.

## Celebrate Recovery- See website for multiple locations

Website: <http://www.celebraterecovery.com/>

Morningstar Church- Larry (503.931.6492) or send an email to [Larry@morningstarchurch.com](mailto:Larry@morningstarchurch.com) for details.

Bethany Baptist Church- Contact: [recovery@bethanybaptistchurch.com](mailto:recovery@bethanybaptistchurch.com)

## Center for Hope and Safety- 605 Center St NE (503-378-1572)

For over 40 years the Center for Hope & Safety (formerly Mid-Valley Women's Crisis Service) has strived to provide a safe environment for survivors of domestic violence, sexual assault, stalking and human trafficking and to educate the public about the issues surrounding victimization. We provide 24 hour advocacy, safety planning, and shelter screening every day of the week through our **hotline: (503) 399- 7722.**

## **Compassionate Friends- 503-743-3930**

Website: <http://www.salemtcf.org/>

Email: [info@salemtcf.org](mailto:info@salemtcf.org)

The Compassionate Friends of Salem (Salem TCF) is open to all families in Marion-Polk counties and surrounding areas that have experienced the death of a child from any cause, at any age, from pre-birth to adulthood. Salem TCF is a self-help support organization that assists bereaved family members toward the positive resolution of grief following the death of a child. Meetings take place at Ike Box, 299 Cottage St. Ne, Salem. Monthly meetings are held on the 3<sup>rd</sup> Tuesday from 6:30pm to 8:00pm.

## **Confident Kids - (Salem Alliance Church- 503.581.2129)**

A support and recovery program designed to help families develop skills for healthy living. Five units help children learn skills for living successfully in high stress situations. FOR ANY QUESTIONS contact Cindy Hayden, x210 or [chayden@salemalliance.org](mailto:chayden@salemalliance.org)

## **Congregations Helping People- 600 State St, Salem (503) 391-4365**

Website: <http://www.chpsalem.org>

Email: [staff@chpsalem.org](mailto:staff@chpsalem.org)

Congregations Helping People is an expanding group of Salem churches that have come together to combine resources and work cooperatively to help people in need. CHP provides experienced, qualified social workers assisted by caring volunteers, to link people with the right resources to address their immediate and long-term needs. When those resources do not exist, or the person doesn't qualify, CHP may be able to provide direct assistance. Hours are M-W-Th 9-2 and T 11:30-2. People are served on a first-come-first-serve basis, and are encouraged to arrive early. People must apply in person, and need paperwork providing information on the income coming into the household.

## **Crime Victim's Service Division- 503-378-5348**

<http://www.doj.state.or.us/victims/pages/contact.aspx>

Email: [cvsd.email@doj.state.or.us](mailto:cvsd.email@doj.state.or.us)

- Address Confidentiality Program
- Crime Victim's Compensation Program
- Crime Victim's Rights
- Post-Conviction Advocacy Program
- Sexual Assault Victims' Emergency Medical Response (SAVE) Fund

## **Crisis & Information Hotline- 694 Church St NE (503.581.5535)**

A 24-hr phone service, under Northwest Human Services, that provides crisis counseling and information on community services.

## **Employment Network- (Via Salem Alliance Church)**

Website: <http://www.salemalliance.org/resources/employment-network>

Email: [gbergman@salemalliance.org](mailto:gbergman@salemalliance.org)

Employment Network seeks to reach out to people in employment transition, helping prepare them to find new employment and spiritual hope and health in Christ during this journey.

## **EASA (Marion County 503-576-4600 Polk County 503-623-1886 or go to EASA website**

Range of services for youth/young adults experiencing first break psychosis.

## **FACTOregon- 13455 SE 97th Ave., Clackamas, OR 97015 (503) 786-6082**

Website: <http://factoregon.org>

Email: [info@FACToregon.org](mailto:info@FACToregon.org)

FACT is a family leadership organization based in Oregon for individuals and their families experiencing disability, working collaboratively to facilitate positive change in policies, systems, and attitudes, through family support, advocacy, and partnerships.

**Family Building Blocks- 2425 Lancaster Dr. NE (503-566-2132)**

Website: <http://www.familybuildingblocks.org/>

We serve families with infants and young children who are struggling with difficult life circumstances. Our goal is to provide early intervention that builds successful and resilient children, strengthens parents, and preserves families through an array of comprehensive and integrated early childhood and therapeutic family support services.

- Therapeutic Classroom
- Family Nights
- Parent Education
- Parent-Child Play Groups
- Respite Care
- Clothes Closet & Food Pantry
- Referrals to Community Resources

**Free Medical Clinic- 1300 Broadway St Ne, Ste #104 (503-990-8772)**

Medical and mental health clinics available at no charge.

**Free Mental Health Clinic- 3850 Portland Road NE (503-689-1575)**

Free counseling for un-insured adults

**Gentiva Hospice- 2925 River Rd S, Salem, OR 97302**

**(503-315-1003)**

Hospice care resources

Website: <http://www.gentiva.com/index.php>

**Helping Hands- 1755 13th Street SE (503-364-9936)**

Website: <http://helpinghands-salem.org/>

Email: [clothinghelp@comcast.net](mailto:clothinghelp@comcast.net)

- **Clothes That Work-** Providing clothing for jobs and interviews free of charge  
**To make an appointment:** Call Helping Hands Resources at 503-364-9936 and ask for Penny.

**Outreach to Victims of Domestic Violence**

- **The PEARLS (Personal Empowerment for Achieving Real Lasting Security)** project is a collaborative program funded by the United Way of Mid-Willamette Valley. Our project partners are Mid-Valley Women's Crisis Center and the St. Francis Shelter. Helping Hands provides clothing assistance to victims and their children while they are living in shelter.
- When the victim stabilizes and is ready to move to an independent living situation (apartment), Helping Hands provides a "move in kit" which includes all necessary kitchen items (cookware, dishes, cups, glasses, silverware) as well as bedding for all the family members.
- PEARLS clients are always welcome to shop at Helping Hands for their clothing needs, as well as for their children.

**Hope Pregnancy Clinic- 2630 Market St. NE,**

Helpline: 503-364-2464 - Business: 503-364-2543

Website: [hopepcsaalem.org](http://hopepcsaalem.org)- for volunteers

Website: [possiblypregnant.org](http://possiblypregnant.org)- for patients

Email: [hope@hopepcsaalem.org](mailto:hope@hopepcsaalem.org)

**Hope Station- 1337 Madison St. NE, Suite 115 (503-339-7710)**

Website: <http://www.hopestationcsi.org/>

Hope Station helps individuals who are hardworking, productive members of our community, yet struggling financially to pay their bills. They are trying to make ends meet while working lower paying jobs or are trying to recover from a financial set back do to a crisis. They are not using government programs that are funded by your tax dollars.

Hope Station is a faith-based nonprofit organization dedicated to providing support to working individuals in need by providing grocery products, clothing, and educational classes. Receiving services requires a small monthly fee and two hours of volunteer services per month.

**Horses of Hope- 2895 Cloverdale Drive SE Turner, OR 97392 (503-743-3890)**

An Equine Therapy program designed to help improve the lives of people living with physical, emotional, and behavioral challenges.

**Inpatient Psychiatry**

Salem Hospital has an adult (18 and over) psychiatric unit, and there are others around the state. To access one, a person needs to be evaluated at the Psychiatric Crisis Center or a hospital emergency room. Oregon State Hospital does **not** take community referrals. For children (under 18), there are two psychiatric units in Portland and three subacute programs in Portland and Corvallis. They are difficult to get into and usually require a referral from a hospital emergency room.

**Interfaith Hospitality Network- 1055 Edgewater St NW (503) 370-9752**

Website: [salemihn.org](http://salemihn.org)

We are an emergency shelter program that utilizes the faith community to provide shelter, meals and compassionate assistance. Families are treated as guests and lives are transformed.

**Liberty House- 2685 4<sup>th</sup> St NE, Salem (503-540-0288)**

A child abuse assessment center serving Marion and Polk Counties. Services include assessments, community outreach, and education about child abuse and its prevention.

**Life Path Ministries (Salem Alliance Church 503-581-2129)**

LifePath provides tools for people to change their own behaviors and thoughts with biblically based recovery principles. Small groups are offered for the recovery of issues such as abuse, anger, codependency, addiction, failed relationships, divorce and food issues.

Website- <http://salemalliance.org/connect/restorationlifepath>

**Marion County Drug Treatment (503-588-5358)**

Outpatient alcohol and drug counseling

Methodone clinic

**Marion County Health Department (Adult Behavioral Services 503-588-5351, Children 503-588-5352)**

Provides information about mental health services, treatment to those with a major mental illness in Marion County.

**Marion Polk Food Share-** (503)-581-3855

<http://www.marionpolkfoodshare.org/>

Marion Polk Food Share resources a network of nearly 100 member-direct service charities that distribute food for families and individuals. They can provide resource information concerning those food providing charities and have great resources for organizational volunteer opportunities.

**Marion Polk Legal Aid Services-** 1655 State St, Salem, OR 97301

**(503) 581-5265**

**Neighbor2Neighbor Mediation**

Salem Office : 945 Columbia St. NE, Salem, OR 97301 **(503.585.0651)**

Marion County email: [n2nmediation@gmail.com](mailto:n2nmediation@gmail.com)

Albany Office: 308 Broadalbin St. SW, Albany, OR 97321 **(541.223.4189)**

Benton & Linn email: [N2NBentonLinn@gmail.com](mailto:N2NBentonLinn@gmail.com)

**New Solutions (503-361-2724)**

Marion County program for the most at-risk children. Must be referred by an outpatient mental health counselor.

**Northwest Human Services-** 681 Center St NE **(503.588.5828)**

Website: <http://www.northwesthumanservices.org/About-Us.html>

Northwest Human Services meets the needs of community members, regardless of social or economic status, by providing comprehensive medical, dental, mental health, and social services with respect, compassion, and acceptance of cultural and linguistic diversity.

**Programs:**

**West Salem Clinic-** 1233 Edgewater St NW **(Ph: 503.378.7526)**

**Total Health Community Clinic-** 180 Atwater St, Monmouth, OR 97381 **(Ph: 503.606.3288)**

**West Salem Mental Health-** 1245 Edgewater St NW **(Ph: 503.378.7526)**

**West Salem Dental Clinic-** 190 Kingwood Ave NW **(Ph: 503.315.0712)**

**HOAP-** 694 Church St NE **(Ph: 503.588.5827)** Homeless outreach and advocacy with daycare

**HOST Youth & Family-** 1143 Liberty St NE **(Ph: 503.588.5828)** Shelter and support to teens

**NorthWest Senior & Disability Services-** 3410 Cherry Ave Ne, Salem **(503-304-3400)**

Website: <http://www.nwsds.org>

Email: [information.nwsds@nwsds.org](mailto:information.nwsds@nwsds.org)

NWSDS offers many services including: information and assistance, financial and medical assistance, in-home and community based services, senior meals, peer counseling, family caregiver support, Medicare counseling, Adult Foster Home licensing, and Adult Protective Services. You may find information about all of NWSDS' services under the "Get Assistance" heading above. To quickly find answers to commonly asked questions, please go to the "How do I?" heading.

**Oregon Council on Developmental Disabilities-** 540 24th Place NE, Salem **(503- 945-9941)**

**Oregon Family Support Network-** 1300 Broadway St. NE, Suite 403 **(503-363-8068)**

***Helping families and children experiencing mental health, behavioral, or special educational challenges.***

Website: <http://ofsn.org/>

**Oregon Health Plan Services**

Only certain providers are able to bill OHP for services. The following list shows OHP providers in this area:

**Bridgeway Recovery** A & D Treatment 3325 Harold Dr. NE (503) 363-2021

**Community Counseling** MH all ages 3737 Portland Rd. NE (503) 390-2600

<b>Marion Co. Adult Behav. Health</b>	MH 18 and above	3180 Center St. NE	(503) 588-5351
		Also 976 N Pacific Hwy in Woodburn	(503) 981-5851
<b>Marion Co. Children's Behav. Hlth.</b>	MH up to 18 y/o	2421 Lancaster Dr. NE	(503) 588-5352
		Also 976 N Pacific Hwy. in Woodburn	(503) 981-5851
		Also 442 McClaine St. in Silverton	(503) 588-5352
<b>New Perspectives Center</b>	MH all ages	1675 Winter St. NE	(503) 316-6770
		565 Union St. NE	
<b>West Salem Mental Health</b>	MH all ages	1245 Edgewater NW	(503)588-5816
<b>Options Counseling</b>	MH up to 18 y/o	2645 Portland Rd NE	(503) 390-5637
<b>Salem Psych Associates/Valley MH</b>	MH all ages	Various locations	(503) 589-4046
<b>Polk County Mental Health</b>	MH all ages	W Salem	(503) 585-3012
		Dallas	(503) 623-9289

**Peace Makers-** (via Salem Alliance) (503-581-2129)

Website: <http://www.salemalliance.org/resources/peacemakers> Email: [adudley@salemalliance.org](mailto:adudley@salemalliance.org)

- Trained conciliators helping fellow believers and seekers respond to conflict Biblically
- Listening to understand together both the material concerns and personal issues involved.
- Teaching biblical principles for resolving conflict.
- Clarifying personal responses that will glorify God, serve others, and imitate Christ.
- Exploring steps towards forgiveness, reconciliation, and restoration.

**Polk County Mental Health** (West Salem 503-585-3012 Dallas 503-623-9289)

Provides mental health services to Polk County residents.

**Project ABLE** (503-363-3260)

Peer-to-peer services and supports for persons recovering from mental illness and/or substance abuse.

**Psychiatric Crisis Center** (1118 Oak St. SE, Salem 503-585-4949)

- Mental health counselors available 24/7.
- Psychiatric prescriber one time only.
- Respite and temporary case management available

**Retrouvaille-** 503-225-9191

Website: <http://retrouvailleportland.wordpress.com/> Email: [portland@retrouvaille.org](mailto:portland@retrouvaille.org)

A program to Help Couples Heal and Renew Their Marriages

**Salem Leadership Foundation-** 1339 Madison Street NE

SLF is a faith based organization whose prime mission is building bridges for faith-in-action partnerships between churches and community organizations in order to meet local needs. Many partnerships have been established since 1993, more are being developed, and a plethora of volunteer opportunities exist.

Office Manager - 503-315-8924 x301

Website: <http://www.salemlf.org/www2/>

**Salem Pastoral Counseling Center** -1300 Broadway NE, Salem (503-370-8050)

Professional counseling, available on a sliding-fee scale if needed. Can work with churches/pastors to arrange payment plan. Scholarships available to those that qualify.

## **Salvation Army Family Services**

**Family Services Front Desk:** (503) 585-6688

**The Shelter:** (503) 798-4860

Website: <http://salvationarmysalem.org/welcome>

- Emergency food boxes are available from 9AM-12PM daily
- School supplies, coats, and Christmas toys for kids (seasonal)
- Financial Assistance\*
- Other immediate-needs assistance
- Christmas Toy Assistance
- The Lighthouse Shelter
- Christmas Toy and Joy Project
- Tools for School

## **Teen Challenge-** <http://www.teenchallengepnw.com/>

**Women's Center:** 85989 Bailey Hill Road, Eugene, Oregon 97405 (541-344-4328)

**Men's Center:** 31700 Fayetteville Drive, Shedd, OR 97377 (541-491-1002)

Email: [info.wvmc@teenchallengepnw.com](mailto:info.wvmc@teenchallengepnw.com)

## **Union Gospel Mission-** 503.967.6388

Main Website- <http://www.ugmsalem.org/>

General email [info@ugmsalem.org](mailto:info@ugmsalem.org)

**R.O.C. (Reaching Our Community)-** 901 Front Street NE, Salem, OR 97301 (503.566.7001)

Provides clothing, furniture and household items for families in need- Call for an appointment

Email Contact: Don Winter- [dwinter@ugmsalem.org](mailto:dwinter@ugmsalem.org)

**Dental Clinic-**5119 River Road N., Keizer, OR 97303 (503.362.7487)

**The Men's Mission-**345 Commercial Street NE, Salem, OR 97301 (503.362.3983)

Contact: Bud Austin [baustin@ugmsalem.org](mailto:baustin@ugmsalem.org)

**Simonka Place for Women and Children-** 5119 River Road N., Keizer, OR 97303 (503.362.7487)

Contact: Jeanine Knight [jknight@ugmsalem.org](mailto:jknight@ugmsalem.org)

## **US Veteran Outreach Center-** 2645 Portland Rd NE (503) 362-9911

Free help and counseling for veterans and their families. This program is separate from the VA and fully confidential.

## **West Salem Clinic** (Mental Health 503-588-5816 Medical 503-378-7526)

This clinic is a federally-funded health clinic and can see people for mental health or medical problems on a sliding-fee scale. It may have a waiting list. It also provides services to people with Oregon Health Plan.

## **Willamette Valley Hospice-** 1015 3rd St. NW (503.588.3600)

Website: <http://wvh.org/>

Email: [info@wvh.org](mailto:info@wvh.org)

Living with a serious illness, caring for a loved one, grieving the loss of a loved one

- End of life support and services (Hospice Care)
- Helping care for a loved one with serious illness (caretaker support)
- Grief support services for children and families (Support Groups and Mighty Oaks Camp) - Call for schedule

